

# Blue Christmas



Blue Christmas

Why is Christmas time  
difficult for so many?

# Blue Christmas



Ghosts of  
Christmas  
past; both  
good and  
bad.



Blue Christmas



Stress



# Blue Christmas

## Unfulfilled Expectations



# Blue Christmas



Keeping up  
with the  
Joneses



# Blue Christmas



The after  
Christmas let  
down.



Blue Christmas

The Solution ... Keep  
the main thing the  
main thing.



# Blue Christmas



Blue Christmas

First week of Advent ... Hope!

# Blue Christmas

For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Of the greatness of his government and peace there will be no end. He will reign on David's throne and over his kingdom, establishing and upholding it with justice and righteousness from that time on and forever.

Isaiah 9:6-7